

Gardom Lake Bible Camp Covid-19 Prevention



Gardom Lake is committed to the safety of our guests and staff. The following information and regulations have been constructed for the benefit of everyone onsite. Please read through this information package before your arrival.

Three important messages before you come to Gardom Lake Bible Camp:



Feel sick? Do not come: If you feel sick, do not come to Gardom Lake Bible Camp. Anyone not feeling well, including symptoms of illness, should stay home. Symptoms include fever, chills, cough, shortness of breath, sore throat, and painful swallowing, stuffy or runny nose, loss of sense of smell, headache muscle aches, fatigue and loss of appetite. Call HealthLinkBC at 8-1-1.

Test yourself: Everyone (visitors and staff) who comes to Gardom Lake Bible Camp must complete a self-assessment before arrival. You can do this in minutes. It is a good habit to take the test regularly. An on-line self-assessment (and downloadable app) can be found here: <https://bc.thrive.health/>

Priority populations? Make an additional assessment: People at greater risk (the elderly, those with immune-compromised conditions, and others) should make an additional assessment of the risks posed by travel and residential stay. More info: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/priority-populations>

Questions? Concerns? Gardom Lake Bible Camp is committed to the health and well-being of our guests, staff and neighbours. We meet or exceed WorkSafeBC and public health requirements. Our detailed plan can be found on our website, www.gardomlake.ca

Feel free to contact us at: 250-838-6645 or office@gardomlake.ca

Your Health and Well-being while you are at Gardom Lake Bible Camp:



Arrival: All guests check in at the office and group leaders must provide a list of names and contact for each person attending. Please observe physical distancing rules. Gardom staff may ask questions to assess your health status and your family/group.

Physical distancing: Please observe rules about physical distancing on our site. There are signs and markers posted throughout, including markers on the floor/ground to assist you. Please do not move tables, picnic tables, chairs, benches, or other furniture.



Hand-washing: Please regularly and frequently wash your hands throughout the day, especially at meals times and after using the washroom. Hand sanitizer stations are located throughout the site. Avoid touching your face. Proper gloves are mandatory for certain staff (including kitchen and housekeeping staff).

Respiratory hygiene: Please sneeze or cough into your elbow. There are signs throughout our site with examples of proper respiratory hygiene. Avoid touching your face.

Facemasks: Facemasks can be worn to help protect those around you and should be worn by people who are sick. Face masks are not considered mandatory by public health officials, but they will be available to all staff and worn at their discretion.

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Your health and well-being while staying at Gardom Lake Bible Camp:

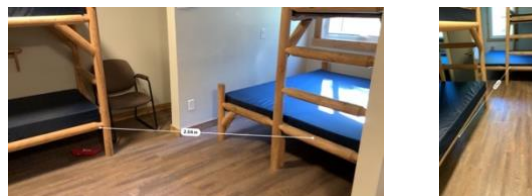


Enhanced cleaning protocols: Gardom Lake staff have enhanced cleaning protocols for common areas such as, chapel, dinning hall, and shared washrooms throughout the site. If you spot an issue or have a concern, please notify one of our staff.

Stick to your registered spot: Guests are assigned a room, or cottage or cabin for the duration of their stay. Please do not move to another location, even if it looks unoccupied. For health and well-being reasons, we are keeping some spaces open at certain times.

No housekeeping visits to rooms: Staff will not enter rooms during your stay or help unload/load luggage for groups. Rooms, cabins, or cottages are cleaned and sanitized after each visit. Your space will be clean and ready for your check-in. If you have maintenance issues, please notify one of our staff and we will arrange a time to assist.

Rooms and Beds: The amount of people in a shared accommodation has been reduced, beds have been spaced to maintain physical distance. Please adhere to the measures put in place, and please sleep with heads at alternate ends of beds to put more distance between people. Additional rooms have been provided outside of the lodge in order to help groups meet needs.



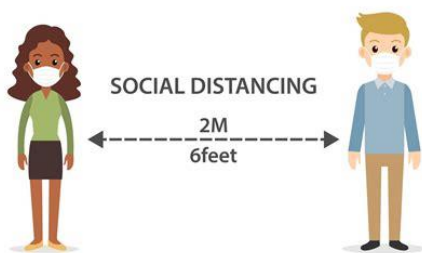
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Your Health and well-being while dining at Gardom Lake Bible Camp:



Sanitize, sanitize, sanitize: The single most important public health advice is to keep hands clean and wash regularly. Hand sanitizer will be available as you enter the dining hall and throughout the building. Please use them.



Respect distancing in meal lines: Please keep two meters apart in the meal lines.

Plating of food: There will be no self-serve buffet. Each guest will line up and have servers distribute portions onto their plates. Servers will be wearing gloves and masks.

Beverage/water/coffee station: Please use the hand sanitizer at the coffee and water stations. Single use creamer, sugar and stir-sticks will be available.

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If you feel sick after you arrive at Gardom Lake Bible Camp: Four key messages



Self-Isolate: If you feel unwell, immediately isolate yourself. Return to your room, or another place away from others, and use your phone, tablet or laptop to communicate. You can connect to free wifi “lodge”: with password “cheeseburger”. Do not visit the office, dining area or spots where people gather. Practical tips: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>

Self-assess: Use the on-line self-assessment tool (or download the app) and follow the directions you are given: <https://bc.thrive.health/>. You should contact HealthLinkBC at 8-1-1.

Contact us: Call our office (250-838-6645) to tell us your are unwell.



Quarantine: If necessary, we can re-locate you to special accommodation designated for quarantine and we will arrange for meals to be delivered to you. You can contact medical authorities via HealthLinkBC at 8-1-1. In an emergency, please call 9-1-1 and tell them your location is Gardom Lake Bible Camp, 651 Glenmary Rd, Enderby BC V0E-1V3.

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